

May

Resort Activities



► La Vida Health Club

Massage – Salon – Fitness (\$)

From keeping up with your daily workout routine to surrendering to the total pampering of a therapeutic massage, refreshing facial and salon services, our Health Club is here to invigorate, energize and relax your mind and body. *Spa and salon services are available daily beginning at 9:00am. Hours of operation and services are subject to change without notice. Please call 407-WDW-SPAS for reservations and additional information.*

► Explorer's Campfire | 6:30pm

Join us at the Dig Site to roast marshmallows in the warm glow of a campfire.

► Specialty Drink of the Day (\$)

Visit Siestas Cantina to find our Blueberry Mojito.

► Name Works (\$)

Collaborate with a local artist and have your name turned into a work of art on Thursdays, Fridays and Saturdays from 5:00pm to 10:00pm at Panchito's Gifts and Sundries.

► Fitness Classes

Rise and Shine Yoga: Start your day with Rise and Shine Yoga at Casitas Courtyard between Casitas Building 1 and the Convention Center. *Please contact a Concierge or Recreation Cast Member for class schedules.*

Aqua Fitness Blast: Wake up with a splash! This high-intensity class challenges your aerobic endurance and tests your core strength. Located at Casitas Pool on Tuesday mornings at 7:00am.

Sunset Yoga: Unwind at Casitas Courtyard between Casitas Building 1 and the Convention Center. *Please contact a Concierge or Recreation Cast Member for class schedules.*

Boot Camp: This bodyweight-based Boot Camp includes both strength and cardio exercises. Located at Explorer's Playground at the Dig Site on Thursday and Saturday mornings at 7:00am.

► Laguna Bar (\$)

Join us on Friday nights for live music from 5:00pm to 8:00pm.

► Lago Dorado Running Trail

Stay fit and active as you travel along a scenic path that winds approximately one mile through Disney's Coronado Springs Resort. *See other side for details.*

Resort Activities

Join us for Poolside Activities and Favorite Movies located at Dig Site Pool.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00pm	Name That...	Bingo	Giant Games	Disney Trivia	Goofy Bingo	Close Counts	What's In Your Beach Bag?
2:00pm	Holey Bucket Relay	Water Balloon Games	Guess Who	Critter Round-Up	Musical Shapes	Giant Games	Bingo
2:30pm	Poolside Challenges	Noodle Races	Musical Shapes	What's In Your Beach Bag?	Water Balloon Games	Poolside Challenges	Noodle Races
3:00pm	Beach Ball Blast						
3:30pm	Fiesta Pool Party						
4:00pm	Design Your Own... (\$)						
5:00pm to 9:00pm				Paint Your Own Wood Carving at Panchito's Gifts and Sundries (\$)		Paint Your Own Wood Carving at Panchito's Gifts and Sundries (\$)	
6:30pm to 7:30pm	Explorer's Campfire with Marshmallows						
8:30pm	"Tangled" PG	"Finding Dory" PG	"Beauty and the Beast" (2017) PG	"Incredibles 2" PG	"Meet the Robinsons" G	"Inside Out" PG	"Ant-Man and the Wasp" PG-13

Activities and programs are subject to change. In the event of inclement weather, please ask an activities Cast Member for a new activity location.

(\$) There is a fee with this activity.



Guest Services

- A** Lobby/Concierge/Bell Services
 - B** *Disney Vacation Club®*
 - C** Information Center
 - D** Resort Airline Check-In
 - E** Business Center
- Express Business Center available
24 hours a day

Dining

- F** El Mercado de Coronado
- G** Maya Grill
- H** Café Rix
- I** Rix Sports Bar & Grill
- J** Siestas Cantina
- K** Laguna Bar

Shopping


- ## L Panchito's Gifts and Sundries

Recreation

- M** Lost City of Cibola Pool
- N** Campfire
- O** Iguana Arcade
- P** Explorer's Playground
- Q** La Vida Health Club, Salon & Spa
- R** Volleyball Courtyard

- Bus Stops
Disney's Magical Express® Bus Stop
Laundry
Elevators
Automated External Defibrillators
Running Trail (.9 mile)

Wi-Fi is available in many areas throughout our Resorts including Guest rooms, main lobbies and feature pools. *(Coverage may vary.)*

-  Smoking areas located outside of all buildings in marked locations.

Service animal relief areas located in grassy areas adjacent to parking lots.



Building _____

Floor _____

Room _____

Timon and Pumbaa from "The Lion King" are part of our problem-free safety philosophy. Keep an eye out for their safety reminders throughout the Walt Disney World® Resort. To learn more visit disneywildaboutsafety.com.